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 From: [REDACTED]
 Sent: Wed 12/2/2020 4:43:59 PM
 Subject: Publicatie EU mededeling maatregelen tijdens het winterseizoen
 Received: Wed 12/2/2020 4:44:00 PM
[covid-19_stayingsafe_communication_en.pdf](#)

Ha beiden,

Vandaag is de Europese Commissie gekomen met aanbeveling mbt de aanpak van COVID-19 in de winterperiode. Wellicht voor jullie interessant, NCTV bereid een woordvoering voor hieromtrent. De EC stelt onder andere:

- ECDC: There may be a delay of 40 day between the introduction of measures and observed effect on the trajectory of the epidemic
- Simulations show that with the current epidemiological context in the EU, it is difficult to justify lifting control measures

Hier komen de volgende aanbevelingen uit:

- Pursue measures on physical distancing, use of masks, hand washing and other hygiene measures as they continue to be key to contain virus spread in social gatherings, both indoors and outdoors, and in families with people at higher risk.
- Put measures in place to ensure appropriate care for vulnerable people, particularly in case of restrictions and closures; e.g. elderly people who live alone or in residential care (for both need to ensure continued access to health and social care, measures to prevent loneliness and isolation), people suffering from mental ill-health and people experiencing homelessness. Also ensure that persons with disabilities are provided with the appropriate care and information in accessible formats.
- Consider not allowing any mass gatherings, and define clear criteria for the exceptional events that can go ahead, e.g. maximum number of people allowed for indoor and outdoor social gatherings and specific control measures.
- Define clear criteria for small social gatherings, small events, e.g. maximum number of people allowed to ensure compliance with physical distancing rules and use of masks.
- Continue to set clear criteria for household gatherings (i.e. maximum number of people per household gathering).
- If considered, any temporary loosening of rules on social gatherings and events should be accompanied by strict requirements for people to self-quarantine before and after for a number of days (preferably at least seven).
- Encourage employers to allow people to work from home or from the place where they intend to spend their end-of-year festivities some days before and after – preferably around seven days, whenever possible. This will allow workers to self-quarantine before engaging in social or household gatherings, or events and/or before coming back to workplaces. Where the remote working is not possible, employers must put in place measures that would allow safe return to work
- If considered, when loosening restrictions, implement the use of "household bubbles", which means that people are encouraged to spend the days of the festivities with the same people and to reduce further social contacts.
- Remind citizens that they should be particularly careful concerning contacts with older family members or those who belong to specific groups at risk for severe COVID-19, such as people with chronic diseases¹³.
- Introduce or maintain night time curfews.
- Provide guidance and advice on overnight visitors and visits to households (particularly in case of night curfews).
- Encourage the organisation of online social gatherings and events, such as workplace end-of-year celebrations.
- In order to reduce transmission risks in the period following the festive season, consider extending school holidays or introducing a period of online learning as a way of introducing a buffer period and avoiding infections to be brought into schools. In such cases it will be important to specify a date several days before the return to school by which time families with children and educators are asked to have returned home in case they have travelled.
- In case of ceremonies, consider avoiding large services or using online, TV or radio broadcasts, allocating specific spots for close families ("household bubbles") to sit together, and banning of communal singing. The use of masks is particularly relevant during these types of gatherings.

Groet, [REDACTED]

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